Kim Bullock, M.D.
Clinical Associate Professor
Department of Psychiatry and Behavioral Sciences
Stanford University School of Medicine

General

Address: 401 Quarry Rd.
Stanford, CA 94305-5546
Phone: (650) 714-1459
Fax: (650) 723-9807
Email: kbullock@stanford.edu

Education and Professional Employment

1983 - 1989 University of California San Diego, Revelle College, La Jolla, CA
B.A., Animal Physiology, Economics minor
B.A. Psychology

1990 - 1994 George Washington University School of Medicine, Washington, DC
M.D. degree

1994 - 1995 Washington Hospital Center, Washington, DC
Internal Medicine Residency, Internship year

1997 - 2002 Stanford University School of Medicine, Stanford, CA
Psychiatry Residency

2002 - 2004 Stanford University School of Medicine, Stanford, CA
Staff Physician, Behavior Medicine Clinic

2004 - 2006 Stanford University School of Medicine, Stanford, CA
Clinical Instructor, Behavior Medicine Clinic

2006 – 2009 Stanford University School of Medicine, Stanford, CA
Clinical Assistant Professor

2009– present Stanford University School of Medicine, Stanford, CA Clinical Associate Professor

Professional Licensure and Board Certification

State of California Medical License, #A56037	May, 1996
American Board of Psychiatry and Neurology, Diplomat in Psychiatry, #55574	February, 2006
United Council for Neurologic Subspecialties, certified in subspecialty of Behavioral Neurology & Neuropsychiatry	December 2012

Awards and Honors

1989 Departmental Honors in Psychology with Distinction, University of California San Diego
1989 Chancellor's Leadership Award, University of California
1990 William Beaumont Society Research Award, George Washington University
1994 Donald Glew Award for Student Research, George Washington University
1998 Special Thanks and Recognition Award, Palo Alto Veterans Administration

Present Patient Care Activities

2002 to present - Attending Behavior Medicine and Psychosocial Clinic
2004 to present - Attending, Neuropsychiatry Clinic
2002 to present - Attending, Neuropsychiatry in patient Epilepsy Unit
2006 to present - Superattending, Inpatient Hospital
2011 to present - Attending, Anxiety Clinic
2012 to present - Director of Neuro-Behavior Clinic
2012 to present - Dialectical Behavior Therapy Clinic/Team
2013 to present - Psychotherapy Outcomes Clinic

Department of Psychiatry Administrative Committees

2011 to present - Psychiatry Residency Psychotherapy Committee
2011 to 2013 - Cognitive Behavior Therapy Task Force Leader
2011 to present - Grand Rounds and Ongoing Education Committee
2011 to present - Community Events Committee
2013 to present – Functional Movement Disorder Consortium
2013 - Community Psychiatry and Behavioral Health Group
2013 - Medical Monitoring of Psychotropic Medication Project

Societies

2002 to present - Physicians for Social Responsibility
2006 to present - Association for Behavior and Cognitive Therapies American Epilepsy Society
2011 to present - American Neuropsychiatric Association

Peer Reviewer

2010 - Academic Psychiatry
2012 - Epilepsy and Behavior

Non-Academic Professional Positions

March, 2004 to 2011 - Vice-President, Peninsula Community Services, INC, a non-profit agency dedicated to helping people in the San Francisco Bay Area cope with maladaptive hoarding behavior.

Research

1987 to 1989 - Department of Psychiatry, Veterans Administration, UC San Diego, La Jolla, CA Advisor: Igor Grant, MD.
Alcohol Research Program studying the neuropsychological effects of alcohol dependence.

1989 - Department of Psychiatry, UC San Diego
Advisor: Igor Grant, MD
Neurobehavioral Research Center, a multidisciplinary inquiry into the neurologic and neurobehavioral

1989 to 1992 - Department of Psychiatry, UC San Diego
Advisor: Terry Jernigan, Ph.D.
Research assistant and magnetic resonance imaging technician for studies involving multiple cognitive and psychiatric disorders.

2000 to 2002 - Anxiety Clinic, Department of Psychiatry, Stanford University School of Medicine
Advisor: Lorrin Koran
Involved in clinical trials for refractory obsessive compulsive disorder (OCD) using oral morphine and intravenous domipramine. Designed and implemented clinical trial using SPECT in an OCD cognitive activation paradigm. Clinical trials of citalopram for compulsive shopping.

2002 to present - Neuropsychiatry, Stanford University School of Medicine
Primary Investigator: John Barry, MD
Comparison study between inpatients with epilepsy and non-epileptic seizures with emphasis on childhood trauma. Examining group therapy interventions for conversion disorder, seizure type using cognitive behavioral, psychodynamic and dialectical behavioral orientation.

2010 to present - Neuropsychiatry, Stanford University School of Medicine
Primary Investigator: W. Curt La France Jr., MD, MPH
Administering cognitive behavior therapy in a pilot multi-center randomized, controlled trial of non-epileptic seizure (CBT) patients treated with either flexible dose sertraline, CBT, CBT plus sertraline, or treatment as usual.

2010 to present - Neurobehavior Clinic, Stanford University School of Medicine
Principal Investigator: Kim Bullock, MD
Two year pilot study looking at effect of group Dialectical Behavior Therapy (DBT) on seizure frequency in non-epileptic seizures.

2011 to present - Stanford University School of Medicine
Principle Investigator: Jennifer Keller, Ph.D.
Performing physical exams for study determining the feasibility of a class which combines psychoeducation and psychological skills training with physical self-defense training in women with a history of physical and/or sexual violence.

2011 to 2012 - San Francisco Center for Cognitive Behavior Therapy, Oakland, CA
Principal Investigator: Jacqueline Persons, Ph.D
Participated in piloting online platform funded by Evidenced Based Practice Institute (EBPI), NIH prime using online progress tracking (OPT).

2011 to present - Veterans Health Administration
Cognitive Behavior Therapy (CBT) training consultant for a study examining the dissemination effects of CBT training for depression. This study is part of larger national evidenced based initiative for treatment of veterans.

2013 to present – Stanford School of Medicine
Principal Investigator: Dolores Gallagher
Project: Faculty Seed Grant for innovative online and blended courses.
Description: Use of Blended Learning Technologies to Create a forum for Learning and Reflection: Enhanced Mastery of Cogntive Behavioral Therapy Skills.

Grants and Funding

Publications

Research Articles

1993 **Bullock KD**, Reed RJ, Grant I. Reduced mortality risk in alcoholics who achieve long-term abstinence. JAMA 1993;267(5):668-72

2002 Koran LM, **Bullock KD**, Hartson HJ, Elliott MA, D'Andrea V. Citalopram treatment of compulsive shopping: an open-label trial. J Clin Psychiatry, 2002:63:704-708

2003 Koran LM, Chuong HW, **Bullock KD**, Smith SC. Citalopram for compulsive shopping disorder: an open-label study followed by double-blind discontinuation.
J Clin Psychiatry. 2003 Jul;64(7):793-8.

2003 **Bullock KD**, Koran LM. Psychopharmacology of compulsive buying. Drugs of Today, 2003,39(9): 695-700.

2004 Barry JJ, Lembke A, **Bullock KD**. Current status of the utilization of antiepileptic treatments in mood, anxiety and aggression: drugs and devices. Clinical EEG and Neuroscience, 2004; 35(1):4-13.

2004 Wittenberg D, Michaels J, Ford C, **Bullock K**, Barry JJ. Group psychotherapy for patients with non-epileptic seizures: Clinical observations. Epilepsia 2004;45(Suppl. 7):57-8.

2005 Koran LM, Aboujaoude E, **Bullock KD**, Franz B, Gamel N, Elliott M "Double-blind treatment with oral morphine in treatment-resistant obsessive-compulsive disorder." *J Clin Psychiatry* 2005; 66(3): 353-9:

2005 Koran LM, Aboujaoude E, **Bullock KD**, Franz B, Gamel N, Elliott M "Double-blind treatment with oral morphine in treatment-resistant obsessive-compulsive disorder." *J Clin Psychiatry* 2005; 66: 3: 353-9

2008 Barry JJ, Wittenberg D, **Bullock KD**, Michaels JB, Classen CC, Fisher RS. Group therapy for patients with psychogenic nonepileptic seizures: a pilot study. Epilepsy Behav. 2008;13(4):624-9.

2011 Roberts LW, Bullock, KD. Ethics Commentary: Ethical considerations in caring for people living with addictions. Focus, 2011:9:66-9.

Academic Book Chapters

2009 **Bullock K**: Group Psychotherapy Treatment for Psychogentic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures,* Third Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2010

2013 Roberts L, **Bullock K**: Ethical Considerations in Caring for People Living with Addiction in *Applied Ethics in Mental Health Care, An Interdisciplinary Reader*, edited by Dominic A Sisti, Arthur L Caplan, and Hila Rimon-Greenspan, MIT Press, Cambridge, MA, 2013

University/Hospital Teaching

Course Name: CLIN 722 Palo Alto University - Dialectical Behavior Therapy
Description: Guest lecturer on application of DBT on Functional Neurologic Symptom Disorder
Year: May 13, 2013
No. of Times: 1
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics
To Whom: Psy. D. Palo Alto Psy D. graduate students

Course Name: Movement Disorders Conference
Description: Guest lecturer on Functional Neurologic Symptom Disorder
Year: January 22nd, 2013
No. of Times: 1
To Whom: neuropsychologists, residents, medical students, neurology residents, movement disorder fellows, movement disorder neurologists, neurologists
No.: 10
Where: Stanford University, Department of Neurology, Movement Disorder Clinic

Course: Essentials of Inpatient Psychiatry - Therapeutic Alliance
Description: Interactive workshop introducing concepts and research on therapeutic alliance. Experiential learning to improve interpersonal skills in creating bonds, goal agreement and commitment.
Year: September 2012, 2013
No. of Times: twice, 4 hours
To Whom: 10 Stanford PGYI psychiatry residents and medical students
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Behavioral Activation: An Effective Intervention for Late Life Depression
Description: Part of a 2012 Webinar series offered by The Stanford Geriatric Education Center "Applying Best Practices to Diverse Older Adults"
Year: April 2012
No. of times: once, 1 hour
To Whom: physicians and primary care providers caring for elders and their families from diverse cultural backgrounds
Where: Stanford Geriatric Education Center in collaboration with California Area Health Education Center, American Geriatric Society, and Natividad Medical Center

Course Name: Primary Care Demonstration of Behavioral Activation
Description: Created online video and course designed to train residents to implement behavioral activation for the treatment of depression in culturally diverse older adults
Year: April 2012
No. of times: once, 2 hour
To Whom: Natividad Family Medicine Residents
Where: LaKi Center, Stanford Geriatric Education Center in collaboration Natividad Medical Center

Course Name: Stanford Psychiatry Residency Behavior Medicine Rotation Description: Behavior Medicine Seminar/ Cognitive Behavior Therapy Didactic
Year: January, 2010 to 2012
No.of Times: weekly
To Whom: Stanford PGY 3&4 psychiatry residents

Course Name: Cognitive Behavior Therapy Bootcamp for Psychiatry Residents
Year: June, 2011 and July 2012
No. of Times: 2 , 1 and half day workshop
To Whom: Stanford PGY-3 Psychiatry
Residents, No. of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Psychiatry Grandrounds
Description: Case Conference: Colluding with the medical workup of somatically focused patients"
Date: November 10th, 2011
No. of Times: once, 1 hour
To Whom: Psychiatry department and community
Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Therapuetic Alliance
Description: Psychiatry residency Thursday didactics
Year: January, 2010 - 2012
No. of Times: 3, 12 week course in winter quarter To Whom: Stanford PGY 1 psychiatry residents
Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PGY2 Semi-structured Group
Description: Agenda Setting, Motivational interviewing didactic
Year: Fall 2010
No.of Times: 1
To Whom: Stanford PGY2 psychiatry residents
No.of Students: 12
Where: Stanford University, School of Medicine, Psychiatry
Department outpatient clinics

Course Name: PGY1 Process Group
Description: Psychiatry residency didactics
Year: September, 2009 – June2010
No. of Times: 1, weekly for 9 months
To Whom: Stanford PGY 1 psychiatry residents
No.of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: INDE 205, Practice of Medicine
Description: Psychiatric Interview Preceptor
Year: 2009
No.of Times: 1, 3 two-hour sessions
To Whom: Stanford University medical students
No.of Students: 6
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PSYC 300A, Core Psychiatry
Clerkship Description: Anxiety Disorders
Year: 2008 to 2010
No. of Times: 5, 1.5 hours
To Whom: Stanford University medical students
No. of Students: 8-12

Course Name: Introductory Seminar - PSYC 111Q, Madness and the Womb: Mental Illness in Women Through the Centuries
Description: Hysteria in the 21st Century - guest lecturer
Year: September, 2008 and January 2012, January 2013
No. of Times: 3, 2hour lecture
To Whom:Stanford University undergraduates
No. of Students: 18
Where: Stanford University, Department of Psychology

Course Name: David Burns TEAM model of psychotherapy
Description: Co-leader and participant Tuesday evening didactics and supervision
Year: 2002 to present
No. of Times: quarterly
To Whom: psychology graduate students, psychiatry residents, medical students and affiliated local mental health providers
No. of Students: 5-30
Where: Stanford University, Department of Psychiatry

Supervision (Research, Clinical, Thesis)

2013 Sepideh Bajestan, MD Neuropsychiatry Fellow Neurobehavior Clinic supervisor
2013 Dahlia Woods, MD Psychiatry Resident Psychosocial Clinic- CBT/DBT/IPC/TEAM individual psychotherapy supervisor
2013 Fredrick Bennett, MD Psychiatry Resident Psychosocial Clinic- CBT individual supervisor
2013 Ruby Shandilya, MD Psychiatry Resident Psychosocial Clinic- CBT individual supervisor
2013 Gillian Reierson, MD Psychiatry Resident Advisor
2013 Chaniga Vorasarun, MD PAU Psy.D candidate DBT Practicum Supervisor
2013 Nadia Haasan, MD Psychiatry Resident Advisor
2013 Jessica Crawford, MD Psychiatry Resident Independent Scholarly Concentration elective, Neurobehavior clinic rotation supervisor
2013 Jennifer Dore, MD Psychiatry Resident Psychosocial Clinic- CBT individual supervisor
2013 Sepideh Bajestan, MD Psychiatry Resident Neuro-Behavior Clinic - DBT group supervisor 2012-13 Alexandra Thurston PAU Psy.D candidate DBT Practicum Supervisor
2012 Christina Mather Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2012 Nadeem Hasaan PAU Psy.D candidate DBT Practicum Supervisor
2011-12 Sepideh Bajestan, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2011 Valaiporn Rusmintratip Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2011 Vandana Aspen Psychology Fellow Behavior Medicine Clinic- CBT individual supervisor
2010-11 Thalia Robakis, MD Psychiatry Resident Individual Psychotherapy Clinic supervision
2010 Caroline Corrivequ, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor

2010 Rajani Rajan, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2010 Zaakir Yoonas, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor 2010-12 Nida Mirza PAU Psy.D candidate Dissertation Chair
2009-10 Nida Mirza, PAU Psy.D candidate DBT- Practicum Supervisor
2009 Katherine Giles PAU Psy.D candidate DBT - Practicum Supervisor
2009 Ana Arteaga PAU Psy.D candidate DBT - Practicum Supervisor
2008-09 Caroline Paterno, MD Psychiatry Resident Advisor
2005-11 Epilepsy Fellows Neurology Resdidents Psychiatry Consultations
2005-10 PGY 3&4 Psychiatry Residents Neuropsychiatry Clinic

Specialty Training

2013 Obtained Certified TEAM Therapist and Trainer: level 4
2011-2012 Intensively trained in Dialectical Behavior Therapy by Behavioral Tech
2010- present Weekly supervision in dialectical behavior therapy by Craig Forte, MSW
2011 Weekly supervision in time limited psychodynamic psychotherapy (TLDP) with Katherine DeWitt, Ph.D.
2009 Completed Clinical Teaching Faculty Seminar, by Stanford Faculty Development Center for Medical Teachers
2006 -present Monthly supervision from Jacqueline Persons, Ph.D. at San Francisco Center of Cognitive Therapy
2002 - 2011 Monthly supervision from David Burns, MD in TEAM model of psychotherapy

Posters and Presentations, National and International Symposia

December 10-14, 2000 San Juan, Puerto Rico,
Poster titled "Citalopram Treatment of Compulsive Shopping: an open-label pilot study."
Presented at the annual meeting of the American College of Neuropsychopharmacology.

March 29 - April 1, 2001 Sardinia, Italy
Poster titled "Double-Blind Oral Morphine in Treatment Resistant Obsessive-Compulsive Disorder." Presented at the 5th International OCD Conference.

May 5-10, 2001 New Orleans, LA
Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study."
Presented at the 154th Annual Meeting of the American Psychiatric Association.

May 28-21, 2001 Phoenix, AZ
Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study."
Presented at the 41st Annual NCDEU Meeting.

May 28-31, 2001 Phoenix, AZ
Poster titled "Oral morphine in treatment resistant obsessive-compulsive disorder." Presented at the 41st Annual NCDEU Meeting.

December 9-13, 2001 Waikoloa Village, Hawaii,
Poster titled "Citalopram for Compulsive Shopping Disorder: a double-blind study. "
Presented at the annual meeting of The American College of Neuropsychopharmacology,

May 19, 2003 San Francisco, CA
Symposium titled "Compulsive buyers: Treating the casualties of consumerism." Presented a lecture on the pharmacotherapy for compulsive buying at the 156th annual American Psychiatric Association meeting.

May 17-22, 2003 San Francisco, CA
Poster titled "Double-blind oral morphine in treatment-resistant OCD." Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003 San Francisco, CA
Poster titled "Pharmacotherapy for compulsive buying." Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003 San Francisco, CA
Poster titled "A one-year naturalistic follow-up of patients with compulsive buying disorder." Presented at the 156th Annual Meeting, American Psychiatric Association.

May 27-30, 2003, Boca Raton FL
Poster titled "Double-blind oral morphine in treatment resistant obsessive-compulsive disorder." Presented at the 43rd annual NCDEU meeting.

December 3-8, 2004 New Orleans, LA
Poster titled "Group Psychotherapy for Patients with Non-Epileptic Seizures - A pilot study. " Presented at the 58th Annual Meeting, American Epilepsy Society.

December 3-8, 2004, New Orleans, LA
Poster titled "Comparative study of childhood trauma in epilepsy and non-epileptic seizure patients." Presented at the 58th Annual Meeting, American Epilepsy Society.

November 10, 2011 Toronto, Canada
Poster titled " Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 16th annual conference , International Society for the Improvement of Teaching Dialectal Behavior Therapy.

December 3, 2011 Baltimore, MD
Special Interest Group titled "Novel Interventions for the Diagnosis and Treatment of Psychogenic Nonepileptic Seizures." Presented at the 65th Annual Meeting, American Epilepsy Society.

April 20, 2012 Monterey, CA
Poster titled: " Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study."
Presented at the 2012 California Psychological Association Convention.

April 26, 2012 Burlingame, CA
Poster titled: " Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 92nd Annual Convention of the Western Psychological Association.

April 29, 2012
Burlingame,CA

Lin, G., Tai, C., Trettin, L.J., Bullock, K.D., & **Keller**, J. (2012, April). Empowerment and Self-Defense Skills Training for Women with History of Interpersonal Violence. Paper presented at the 92nd Annual Convention of the Western Psychological Association.

April 4, 2013 Boston, MA
Poster titled: " Dialectical Behavior Therapy for Conversion Disorder: A Pilot Study." Presented at the 24th annual meeting of the American Neuropsychiatric Association.

October 4th, 2013 University of Washington, Seattle, Washington
Lecture entitled "DBT pilot for conversion disorder" at annual Dialectical Behavior Therapy Strategic Research Planning Meeting at Marsha Linehan's Behavioral Research and Therapy Clinics.