Catherine Sonquist Forest, MD MPH
csforest@stanford.edu

EDUCATION:
Diplomate, American Board of Family Medicine: September 1994, Recertified 2007
Family Practice Residency, Community Hospital of Santa Rosa: July 1994
M.D., University of California, San Francisco, School of Medicine, 1990
M.P.H. University of California, Berkeley, School of Public Health, 1985:
Occupational and Environmental Health Sciences
B.A., University of California, Santa Cruz, 1981
Double major, Community Studies and Environmental Studies

HONORS:
California Health Care Foundation Leadership Program, Cohort 13 2013-2015
California Academy of Family Physicians 2013 "Hero of Family Medicine"
California Academy of Family CME Leadership Program 2011
CAFP Scholar; Physician Leadership Program, Health Care Leadership Program 1999
Chief Resident, Community Hospital of Santa Rosa, 1993
National Institutes of Health Trainee 1984
East-West Center Research Fellow 1982
Graduated Cum Laude and with Thesis Honors, both Majors, UCSC, 1981
President's Undergraduate Fellow, University of California, 1980

BOARDS/LEADERSHIP:
Member, UC Santa Cruz, Institutional Biosafety Committee, February 2010-present
Project Integrator, Hope Street Group Project, Reinventing Primary Care, June-Dec 2010
Member, Legislative Committee, California Academy of Family Practice 2005 - present
Delegate, California Academy of Family Physicians 2001 – 2007, 2010, 2011
CAFP delegate to California Medical Association, 2006 - 2009
Member, Eating Disorder Task Force, UCSC Health Center 2001 – 2009
Chair, Quality Improvement Committee, UCSC Health Center 2003 - 2006
Chair, Diversity Oversight Committee, Pacific Collegiate School Board June 2007 - 2008
President, Board of Directors, Pacific Collegiate School June 2006-June 2007
Co-chair, Parent Volunteer Association, Pacific Collegiate School Jan 2004 – May 2006
Member, Physician Advisory Group PP/MM Transgender Program 2004-05
Founding Member Hepatitis C Task Force Santa Cruz County 1998-2001
Founding Member Physician Advisory Group, Central Coast Alliance for Health 1995-2001
Member Physician Advisory Group, Hospice of Santa Cruz, 1997-2001
California Medical Association Committee on Occupational Health, 1988-1991
Governing Council, Occupational Health Clinic, San Francisco General Hospital 1982-1983

WORK EXPERIENCE:

07/2013-present	Medical Director, Stanford Community Primary Care/Los Altos
01/2010 – 6/2013	Clinical Instructor – UCSF Family Medicine, Center at Lakeshore
01/2010 – present	Family Physician, Contract – Santa Cruz Co. Health Services Agency

	SC Women's Health Center, several private practices
09/2001 – 01/2010	Staff Physician UCSC Health Center - College/Adolescent Health
09/1995-09/2001	Medical Director - Santa Cruz Women's Health Center
07/1994-01/1996	Family Physician - Contract. Santa Cruz Women's Health Center, Santa Cruz County Health Services Agency, Westside Health Center (including AIDS care)
07/1991 – 07/1994	Family Medicine Resident. Community Hospital of Sonoma County
07/1993 – 07/1994	Chief Resident. Community Hospital of Sonoma County
06/1984 – 06/1986	Occupational Health Specialist. Hazard Evaluation System and Information Service. California Department of Health Services.
08/1982-06/1984	Administrative Assistant/Medical Exam Assistant. Center for Municipal Occupational Safety and Health Services, Project on Stress and Hypertension in MUNI Bus Drivers
1983 – 1984	Graduate Intern. Epidemiological Studies Section, California State Department of Health Services
1981 - 1984	Patient Advocate/Health Educator/Governing Council Member Occupational Health Clinic San Francisco General Hospital
1981 - 1982	Occupational Health Consultant. Western Institute for Occupational-Environmental Sciences, Inc. Managed and conducted over 80 in-depth home interviews with asbestos-exposed shipyard workers and their spouses.

VOLUNTEER EXPERIENCE:

1986 – 1990	Lecturer – Occupational Health Residency – UCSF Medical Center
2001 – 2007	Medical Student and Resident – clerkship and TEACH collaborative Between UCSF Family Medicine and Planned Parenthood/Mar Monte
2001 – Present	Teacher/consultant - contraception, sexuality, and reproductive physiology grades 4 – 12 in public schools.

PUBLICATIONS/LECTURES (sample):

"Releasing the Migraine Vise: Primary Care Can Be the Answer" CAFP Annual Scientific Assembly, April 2012 and GAFP October 2012

"Using Open Innovation to Reinvent Primary Care", Hope Street Group White Paper contributor to webinar Dec 2010

"Transgender Care in Primary Care Setting" and "Antibiotics in Urgent Care" for UCSC Health Providers CME program UCSC 2003 – 2009

"Female Reproductive Hazards" with Linda Rudolph, MD MPH, In Occupational Health, 1st Ed. La Dou, J., Appleton and Lange 1990

"Workplace Chemical Hazards to Reproductive Health", draft pamphlet completed by P. Coyle for HESIS, CA Dept of Health Services, 1990.