Sarah L. Hilgenberg, MD, FAAP

Lucile Packard Children's Hospital
770 Welch Road, Suite 100
Palo Alto, CA 94035
shilgenb@stanford.edu

PRESENT POSITION

Clinical Instructor, General Pediatrics Hospitalist Program
Associate Program Director, Pediatric Residency Program
Physician Lead, Office of Patient Experience
Lucile Packard Children's Hospital, Stanford University School of Medicine

EDUCATION AND TRAINING

2007-2010 **Seattle Children's Hospital**, **University of Washington,** Seattle, WA
Resident, General Pediatrics

2002-2007 **Stanford University School of Medicine**, Stanford, CA
Doctor of Medicine

1996-2000 **Wellesley College**, Wellesley, MA
Bachelor of Arts, Psychology, Magna Cum Laude

EMPLOYMENT

8/2011-current Clinical Instructor, General Pediatrics Hospitalist, Stanford University School of Medicine (with hospital privileges at Stanford Medical Center, Lucile Packard Children's Hospital, and El Camino Hospital)

6/2013-current Associate Program Director, Curriculum, Pediatric Residency Program, Lucile Packard Children's Hospital, Stanford University School of Medicine

3/2013-current Physician Lead, Office of Patient Experience, Lucile Packard Children's Hospital, Stanford University School of Medicine

9/2010-5/2011 Clinical Instructor, General Pediatrics Hospitalist, Seattle Children's Hospital, University of Washington School of Medicine. Worked independently both days and nights caring for general pediatric acute care inpatients. Developed and implemented ongoing nighttime education curriculum for medical students and residents.

AWARDS

2012 *Recognition of Service Excellence (R.O.S.E) Award*, Lucile Packard Children's Hospital

EDUCATIONAL ACTIVITIES

Educational Administration

6/2013-current Associate Program Director, Curriculum, Pediatric Residency Program, Lucile Packard Children's Hospital, Stanford University School of Medicine

8/2011-current Rotation Director for Inpatient Night Float Rotation for interns and supervising senior residents

Teaching

2013-current Morning reports for junior and senior residents (1/week)
2011-current Noon conferences for residents and medical students (2/year)
2011-current Night curriculum modules for residents and medical students (2-4/month)

2011 Instructor, Healer's Art, Stanford University School of Medicine
2003-2005 Teaching Assistant, Anatomy for both medical students and undergraduates, Stanford University School of Medicine

Curriculum Development and Evaluation
2014-current Redesigned Night Float Curriculum for general pediatric residents, Stanford University School of Medicine
2013-current Created Morning Report Curriculum for weekly junior and senior resident morning report
2010-2011 Co-created Night Float Curriculum for general pediatric residents, University of Washington School of Medicine

Mentoring
2013-current Mentoring residents (1 formal advisee to date)
2013-current Mentor, Medical Education Scholarly Concentration, Pediatric Residency Program (2 formal advisees)

PROFESSIONAL ACTIVITIES

2007-current American Academy of Pediatrics (AAP)
Section of Hospital Medicine Member

SERVICE

Lucile Packard Children's Hospital
2012-current Member, Intern Selection Committee
2012-current Co-Creator and Editor, general pediatric Cerner ordersets
2011-current Physician Lead, Acute Care Excellence (ACE) Quality Improvement Team
2011-current Member, multidisciplinary steering committee for institution of hospital-wide asthma protocol

Seattle Children's Hospital
2011 Hospitalist Lead, Night Curriculum Committee
2010 Reviewer, Intern Selection Committee
2008 Member, Rapid Process Improvement project on discharge criteria

PAPERS, LECTURES, PRESENTATIONS

Original Articles
Hilgenberg S. Recipient of a finding incidental to research. *Incidental Findings in Research, Presidential Commission for the Study of Bioethical Issues.* 30 April 2013. http://bioethics.gov/node/1617.
Qureshi M et al. Analysis of factors that modify susceptibility and rate of progression in amyotrophic lateral sclerosis. *Amyo Lat Scler*. 2006;7:173-182.
Hilgenberg, S. Transformation: From Medical Student to Patient. *Ann Intern Med*. 2006;144:779-780.
Hilgenberg, SL. Formation, Malformation, Transformation: My Experience as Medical Student and Patient. *Stanford Medical School Clinical Journal*, fall 2004.
Cudkowicz ME et al. A randomized, placebo-controlled trial of topiramate in amyotrophic lateral sclerosis. *Neurology*. Aug 2003; 61:456-464.
Lorenzl S, Albers DS, Relkin N, Ngyuen T, **Hilgenberg SL**, Chirichigno J, Cudkowicz ME, Beal MF. Increased plasma levels of matrix metalloproteinase-9 in patients with Alzheimer's disease. *Neurochem Internatl*. 2003: 43;191-196.
Lorenzl S, Albers DS, LeWitt PA, Chirichigno JW, **Hilgenberg SL**, Cudkowicz ME, Beal MF. Tissue inhibitors of matrix metalloproteinases are elevated in cerebrospinal fluid of neurodegenerative disorders. *J Neurol Sci*. 2003: 207(1-2):71-

Peer-Reviewed Platform Presentations
Toney A, Goldstein R, **Hilgenberg S**, Blankenburg R. "Is There an App for That? A Point of Care Resource for Busy Residents on the Go," Regional Academic Pediatric Association Meeting, Monterey, CA, January 2014.

Peer-Reviewed Poster Presentations
Ehlenbach M, Mallon D, **Hilgenberg S**, Romero H. "Developing, Implementing and Evaluating a Hospitalist-Facilitated Night Teaching Curriculum," American Academy of Pediatrics National Conference And Exhibition, Boston, MA, October 2011.

Hilgenberg S, Mallon D, Gotcsik M, Mackowiak B, Batra M, Romero H, Ehlenbach M, Tamura G, Shugerman R, Marshall S, McPhillips H. "The Design and Implementation of an Ongoing Night Curriculum for General Pediatric Residents: The Seattle Children's Hospital Experience," American Academy of Medical Colleges Western Group on Educational Affairs, Stanford, CA, April 2011.

Invited Oral Presentations

Hilgenberg S. "Incidental Findings in the Research Setting," Presidential Commission for the Study of Bioethical Issues, Washington DC, March 2011.

Hilgenberg S. "The Human Face of Incidental Findings in Brain Imaging Research," Stanford University School of Medicine, September 2005.

Hilgenberg S. "Transformation: From Medical Student to Patient," Medicine and the Muse, Stanford University School of Medicine, April 2004.

LICENSURE AND CERTIFICATIONS

2011-current	CA Physician and Surgeon License A 116398
2010-current	American Board of Pediatrics, Board Certified
2007-current	DEA
2007-current	Pediatric Advanced Life Support Provider