

**Welcome to Discover**

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at [communications@stanfordmed.org](mailto:communications@stanfordmed.org).

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**A Life Renewed: One Man's Victory Over Cancer**



Watch 68-year-old Albert Yu's vigorous swing of a tennis racket and it's hard to imagine that he is the veteran of some tough years of chemotherapy and radiation, the kind often prescribed to beat back cancer. [Read full article.](#)

**Rewriting Immunity's Rules: New Strategies Against Cancer**



When patients battle cancer, their immune system is their front line of defense, with chemotherapy and radiation treatments as extra ammunition. Many times, that combination will prove successful, but sometimes the enemy returns—and it becomes clear that the immune system needs more help. [Read full article.](#)

**A Season of Giving at Stanford Hospital**



The holiday season is a time for giving. There are many ways to give to and help patients: donate blood, give your time, and get involved. For more information about some of the ways to give or donate this season and make a significant change in someone's life, click [here](#) to learn more.

## Stanford Hospital & Clinics Receives Leapfrog Top Hospital Designation for 2009



Stanford Hospital & Clinics was named among the country's top hospitals by The Leapfrog Group, an organization formed by a group of large employers in 2000 to initiate breakthrough improvements in the safety, quality and affordability of health care for Americans. Stanford was one of 45 hospitals nationwide to receive this recognition out of the more than 1,200 reviewed. [Read full story.](#)

## Menlo Medical Clinic's New, Second Location to Open December 7



The neighborhood clinic just got bigger and better. Beginning December 7, patients of Menlo Medical Clinic can access a second location at 321 Middlefield Road. The original Menlo Medical Clinic on Crane Street in Menlo Park remains open, but the addition of the Middlefield Road site will now provide more services to its patients. [Read full story.](#)

## Stanford Hospital Aims to Help Early Patients with Delirium



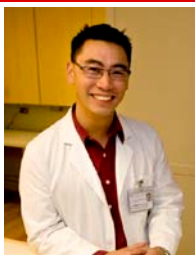
A specialist in caring for elderly patients, Kathleen Turner-Hubbard is a geriatric nurse practitioner trained to quickly spot the sudden changes in mental status that signal the onset of the sudden, severe confusion known as delirium. Hired about six months ago, Turner-Hubbard is designing the project to help nurses identify patients with delirium and intervene on their behalf. [Read full article.](#)

## Dale Spartz Named New Vice President for Human Resources



Dale A. Spartz has been appointed Vice President for Human Resources at Stanford Hospital & Clinics. He will join SHC in mid-January from John C. Lincoln Health Network in Phoenix, Arizona, where he has served as Vice President of Human Resources for two acute care hospitals with 4,100 employees since 2000. Previously he held senior human resource leadership positions at Riverside HealthCare in Illinois and Jennie Edmundson Memorial Hospital in Iowa. In his new role at SHC, Spartz will report to Chief Operating Officer Daniel A. Ginsburg.

## Memorable Patients: Garrett Chan on Learning to Listen



By enrolling in nursing school at the University of Montreal, Garrett Chan hoped to learn about caring for patients at the same time that he polished his college French. But Chan hadn't reckoned on what his Quebecois patients might teach him. Looking back, Chan realizes that his very first patient was also one of his earliest teachers. "As I talk with colleagues about their journeys in health-care professions, they're often influenced by an early experience," he added. [Read full story.](#)

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