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Welcome to Discover

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at communications@stanfordmed.org.

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IN FOCUS: H1N1

Lucy Tompkins, MD, PhD, Discusses H1N1 Virus, Vaccines



As medical director for hospital epidemiology and infection control at Stanford Hospital & Clinics, Lucy Tompkins, MD, PhD, monitors infectious diseases on a daily basis. She recently talked about the coming influenza season and the precautions people should take. [Read the Q&A](#) or [watch the video](#). In addition, you can keep up-to-date on all H1N1 information by going to the [Stanford Medicine Web site](#) where Stanford Hospital & Clinics, Lucile Packard Children's Hospital and the School of Medicine have provided information about the H1N1 flu and how to keep healthy.

Ramping Up for Flu Season



Dozens of doctors, nurses and volunteers at Stanford Hospital tested out a singular drive-through approach this summer to handle the kind of patient surge the novel H1N1 flu virus could produce this fall. During the exercise—the first of its kind in the country—pretend patients remained in their cars, driving through a series of checkpoints in which they were examined by health care workers wearing protective gloves, masks and gowns. [Read full story.](#)

Stanford Program Provides Free Mental Health Services to Vets



As the intake coordinator for a new Stanford program called Stanford Vets Connect, Ekk Phixitxonh, an Iraq War veteran, is working to help other Bay Area veterans, and their family members -- a group with unique stresses and challenges -- to get mental health services to help them readjust to life after military service. The program offers free, confidential evaluation and treatment through Stanford Hospital & Clinics' Department of Psychiatry and Behavioral Sciences, for Iraq and Afghanistan veterans and family members. [Read full story.](#)

Stanford Hospital Strengthens Patient Safety With Machine-powered Lifters



Swaddled in a cushy green hammock, the patient began her ascent off the bed. While one nurse regulated the speed of the lifting device, two of his colleagues guided the patient toward a bedside chair. Within seconds, she was securely lowered onto a cushion, and ready to begin rehabilitation exercises. There was no jiggling and jostling as the patient moved from bed to chair. [Read full story.](#)

Stanford Hospital & Clinics Honors Dr. Stephanie Harman and Dr. Christine Wijman



Stanford Hospital & Clinics has named Dr. Stephanie Harman winner of the Isaac Stein Award for Compassionate Care and Dr. Christine Wijman was honored as the Denise O'Leary Award winner for Clinical Excellence. The annual awards were presented at the Board of Directors meeting in September. Harman is currently the Director of Inpatient Palliative Care services at SHC and Wijman is Director of Stanford's Neurocritical Care Program and associate professor of neurology and neurological sciences. [Read full story.](#)

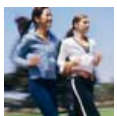
News Briefs: Facebook, Honor for Outpatient Center and Emergency Department Benefit Run



For those of you who are already fans of our Hospital in the real world, here is your chance to give us a virtual thumbs up. SHC is excited to announce that we've launched our own Facebook fan page. [Become a fan!](#)



National healthcare web magazine Modern Healthcare singled out Stanford Medicine's Outpatient Center in its 2009 Design Awards. The award honors Stanford's design excellence in repurposing space in a clean, well-detailed way, said Paul Reich, an award judge and project architect with Roula Associates Architects.



The second annual Stanford Emergency Medicine Run for Your Life! benefit race will take place on the Stanford University campus Sunday, October 11. The race, which includes both a 5k and 10k course, begins at 9:00 am. [See event page.](#)

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