

### Welcome to Discover

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at [communications@stanfordmed.org](mailto:communications@stanfordmed.org).

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[SF Chronicle Highlights Stanford's Sleep Clinic](#)  
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[Hospital Food Gets Organic, Healthy Twist](#)  
The Daily News  
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## IN FOCUS: Lung Transplant

### Legacy and Life for Others: Twins Share Their Transplant Story



Twins Isabel Stenzel Byrnes and Anabel Stenzel have fought long odds since their birth 37 years ago. As infants, they were diagnosed with cystic fibrosis (CF), a genetic and often life-threatening disease. Both live now with donor lungs, with more life before them.

[Read full article.](#)

### Recasting the Future: Inside Stanford's Lung Transplantation Program

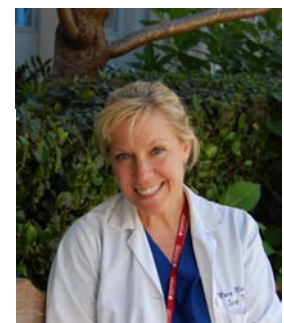


The Stanford Lung Transplant program's volume and results put it among the top such centers in the U.S. Last year, Stanford's lung patients had the second lowest length of hospital stay compared to that of similar facilities.

[Read full article.](#)

### Q&A with Mary Martel, Nurse Coordinator, Lung Transplant Program

Mary Martel, a family nurse practitioner, has been a nurse coordinator at Stanford's Lung Transplant program for more than two years, and in May 2008 became the program's lead coordinator. She oversees administrative staff, treats post-operative transplant patients and helps patients to stay healthy by setting them up with the tools they need to continue to thrive. [Read Q&A.](#)



## New Visibility Helps Stanford's Multiple Sclerosis Center Gain Recognition



The center's new visibility was recognized in recent months when Stanford was invited to join the national Consortium of Multiple Sclerosis Centers, and also was named one of 10 academic medical centers that are part of the Accelerated Cure Project for Multiple Sclerosis. Dr. Jeffrey Dunn was recruited last year from the Evergreen Multiple Sclerosis Center in Seattle, formerly known as the MS Hub, to enhance the effort of Stanford Hospital & Clinics to diagnose and treat patients with this autoimmune disease. [Read full article.](#)

## Stanford Hospital & Clinics Kidney Program at Forefront of Helping Patients to Thrive After Transplants



The hot topic at this year's annual meeting of the American Transplant Congress was how to control antibodies. Stanford is currently one of only two academic medical centers in the United States that have active clinical tolerance-induction protocols. The desensitization program, as well as improvements in minimally invasive surgery and the promise of an experimental "tolerance induction" protocol, have placed Stanford Hospital & Clinics at the forefront of kidney transplant programs. [Read full article.](#)

## Tasters Test New Stanford Hospital's Farm Fresh Organic Menu



No one collected votes to determine the crowd favorite of the eight new Stanford Hospital Farm Fresh organic soups served up Monday for a special tasting by more than 100 Hospital employees. Sampling opinions one by one, however, the verdict was clear: the soups are good, from the roasted sweet pepper with goat cheese to the carrot ginger soup with curry. "It's delicious," said administrative assistant Jaime Pena, as he finished off his little paper cup of chicken noodle soup with vegetables. [Read full article.](#)

## Stanford Hospital's Senior Games Booth Offered Something for Everyone



As part of its sponsorship of the Games, Stanford Hospital & Clinics not only provided medical care for athletes and spectators, both at on-site first aid stations and at the hospital and Menlo Medical Clinic, but its 20 x 20' booth proved to be a must-see for participants, their families, and visitors. SHC's informational and interactive booth in the Athlete's Village, located just outside Avery Aquatic Center and staffed by volunteers from across SHC's diverse departments, was a hub of activity and excitement. [Read full article.](#)

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