

**Welcome to Discover**

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at [communications@stanfordmed.org](mailto:communications@stanfordmed.org).

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**SHC Events**

[6<sup>th</sup> Annual Youth Leadership Conference on Asian & Pacific Islander Health](#)  
August 14<sup>th</sup> -17<sup>th</sup>

[BeWell Health Risk Assessment](#)  
Daily thru December 2008

**SHC In The News**

[Stanford Plans to Expand, Modernize Hospital](#)  
A closer look at the considerations taken in planning SHC's renewal and rebuild project.

[Taking Notes](#)  
Division chief of emergency medicine at SHC helps start emergency care training in Iraq.

[Stanford Pioneers New Tendons Treatment](#)  
ABC 7 News Report on New PRP Treatment

**IN FOCUS: Pain Management**

**Taking Your Life Back from Pain's Control – with Mind, Body and New Medical Vision**

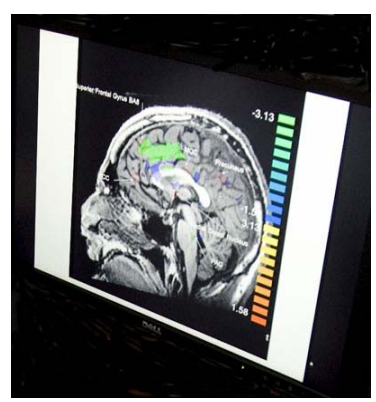


Suzanne Ely was not yet 30 when she began to notice numbness and tingling in the fingers of her right hand. Then came the fiery pains, as shattering as electrical shocks, that shot up and down the inside of her right arm from wrist to elbow...she turned for help conveniently close to home – the Stanford Hospital & Clinics' Pain Management Center.

[Read full article...](#)

**Thinking Differently About Pain**

Stanford Hospital & Clinic's Pain Management Center is just one of 12 treatment facilities in the U.S. to win the American Pain Society's designation as a Center of Excellence. That status honors the Stanford clinic for its special combination of multi-disciplinary expertise, cutting-edge therapies and clinical research, delivered in a sympathetic and sensitive setting.



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**Q&A with Dr. Ravi Prasad**

Dr. Ravi Prasad trains patients to use their own minds to minimize pain and its impact on their lives. After an internship at the Salt Lake City VA, where he noticed that not much was being done to address the psychosocial aspects of chronic pain, he became interested in focusing on pain management and finding ways to help patients deal their pain using non-pharmacological approaches.



[Read full Q&A...](#)

## After 52 Years, Still Getting Up To Be The Hospital's Greeter



The anguished telephone call came from a woman whose brother was injured and losing blood, coming by helicopter to Stanford Hospital & Clinics. She needed reassurance about the care he would receive. "I took all her information and said I'd notify her as soon as he arrived," Marguerite Barrett said. "I try to do as much as I can for people on the phone." And she's done a lot for people in the 52 years she has worked in multiple jobs at the hospital. Barrett, 83, is the first contact many people have with the hospital, since she's now a receptionist for patient admitting services.

[Read full article...](#)

## Heartknit: Cardiac Anatomy in Worsted Wool



While heart surgeon Bruce Reitz was stitching up her husband, Teri Young kept herself calm by doing some needlework of her own – knit 1, pull 1, in red, white, blue and pink. Yes, cardiac anatomy involved. Young's handiwork even impressed Reitz. As her husband recuperated, Teri Young began to think of a way to thank Reitz. "I really wanted to knit him something," she said. A sweater or scarf was out of the question. "It was June in California," she said, "so what do you make for a guy?"

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## Volunteer "Star"



Krish Krishnan has volunteered with the Aging Adult Services' Checking In™ program since October 2006. In his role as a volunteer, Krish regularly called elderly patients who are homebound, sick or lonely to "check in" on them. Recently, he began volunteering as a Checking In™ patient visitor and a volunteer driver for the elderly in the Partners in Caring Program. Krish is a wonderful and caring individual who is loved by each of those he calls and the empathy he displays with patients is remarkable. Since his departure from being a caller to a visitor, the patients he called each week still ask

about him and send their love to him. He has had a tangible positive effect on their lives. Besides the work that Krish does for Stanford Hospital & Clinics, he and his wife also sponsor and manage a Montessori School for poor children in rural India. Sue Scardina, Aging Adult Services' Program Coordinator, describes Krish as "truly a gem among our staff, whose love for helping others is obvious to all who know him."

[Click here for information on volunteering at Stanford Hospital & Clinics.](#)

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