

Welcome to Discover

Stanford Hospital & Clinics is recognized as one of the preeminent hospitals in the country, where inspiration, innovation and knowledge are uniquely combined for the benefit of our patients.

In this monthly newsletter, we feature the extraordinary people whose accomplishments and dedication change lives every day.

We welcome your feedback at communications@stanfordmed.org.

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SHC Events

[Stanford Health Library Lectures](#)
 April – June 2009

[Hypertrophic Cardiomyopathy Patient Day](#)
 Thursday, June 25, 2009

SHC In The News

[Dr. John Morton featured in news cast about natural orifice bariatric surgery \(video\)](#)

[Sun Post: Liver transplant patient has a new lease on life](#)

[SF Medicine Magazine features articles about sleep disorders written by Stanford doctors](#)

[FOX Highlights Stanford CyberKnife treatment](#)

[Medical Economics Magazine rates SHC's Interventional Cardiology Department a Clinical Center of Excellence](#)

IN FOCUS: New DVT Treatments

Clearing Pathways: DVT Treatments



With confident strides and quick pace, Laura Resnansky takes the steps of the famously-steep Lyon Street stairs in San Francisco, in training for a half marathon. She's not showing any signs of being winded, and it's a 288-stair climb. Eighteen months ago, Resnansky would not have attempted the demanding workout. Then, deep inside a vein in her left leg was a blood clot. With blood flow blocked by the clot, her leg swelled to twice its size and she was in constant pain. [Read full article...](#)

Reimagining Solutions

Stanford Hospital & Clinics uses an innovative treatment approach designed to treat both recent and older clots, once thought untreatable, in the millions of people whose veins become blocked by blood clots. The clotting phenomenon is known as deep vein thrombosis, commonly referred to as DVT. The condition's most lethal possibility is that a clot will break loose and travel to the lung, heart or brain. [Read full article...](#)

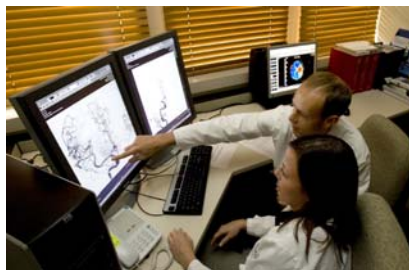


Deep Venous Thrombosis Treatment

In this video, Laurence "Rusty" Hofmann, MD, Chief, Stanford Hospital & Clinics Division of Interventional Radiology, explains in detail the symptoms and treatment options for patients with DVT. [Watch Video.](#)



Stroke Center Enacts Regional Rapid-Transfer System



The software system, developed with the help of a local donor and known as RAPID, is one of a series of measures SHC has instituted to expand its capacity to quickly provide state-of-the-art care to stroke patients throughout the San Francisco Bay Area. Working with community hospitals in Santa Clara, Alameda and San Mateo counties, SHC has established a rapid-response transfer system to take in referrals and immediately determine the best course of treatment. [Read full article...](#)

SHHH! It's Quiet Time at Stanford Hospital & Clinics



In the medical nursing unit of Stanford Hospital & Clinics, the culprit turned out to be linen supply closet doors. Designed to close ever so quietly, they were actually banging shut at night – keeping patients awake. To the rescue came the Night Shift Noise Reduction Project, armed with SHHH (Silent Hospitals Help Healing) signs. So, are patients now sleeping more soundly? [Read full article...](#)

Getting to the Heart of Health Care for the Poor



Stanford cardiologist Euan Ashley and his colleagues have helped to add a new monthly specialty cardiology program to the services provided by the Arbor Free Clinic in Menlo Park. Ashley is one of several physicians from Stanford Hospital & Clinics who volunteer to care for patients while teaching medical students who also volunteer at the clinic. [Read full article....](#)

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