

# OVERVIEW

## Course Description

Our 6th Annual Stanford Arrhythmia Symposium will provide education and support to the nurses, technicians, and allied health professionals who care for patients with arrhythmias. State-of-the-art arrhythmia management strategies will be presented as well as case studies for clinical applications. You will find this program valuable if you care for arrhythmia patients anywhere along their healthcare continuum: emergency room, critical care area, telemetry unit, operating room, cath lab, or in the clinic outpatient setting. The morning provides an overview of the most frequently discussed issues in arrhythmia management. The afternoon program of breakout sessions allows you to select which content is most applicable to your specific clinical setting, followed by an interactive jeopardy game.

The workshops are designed to allow the attendees an opportunity to engage in a lively, hands-on audience participation format.

## A Note About Our Keynote Speaker

Julie Shea, MS, RNCS, FHRS, CCDS, is an esteemed nurse practitioner at the Brigham and Women's Hospital. Julie is well-published and has a long history in electrophysiology. She has chaired multiple sessions at the annual Scientific Sessions of the Heart Rhythm Society. She is an active member and Fellow of HRS participating in the coordination of the educational programs for allied health professionals. She runs the Longwood Medical Area ICD Support Group, a collaborative effort between Brigham and Women's Hospital and Beth Israel Deaconess Medical Center in Boston, MA.

## Program Objectives

- List risks and benefits of ICD therapy.
- Describe antithrombotics and anti-arrhythmics for the medical management of arrhythmia patients.



- Discuss cardiac arrhythmias associated with congenital heart disease.
- Identify challenges related to increasing public awareness of sudden cardiac death.
- Describe the latest technology utilized in ablations.
- Discuss ways to use research results in your practice.
- Explain the mechanisms of cardiac resynchronization for managing heart failure patients.
- Discuss common problems encountered in device follow-up and describe techniques on how to resolve them.
- List potential problems that may occur when caring for arrhythmia patients.
- Identify intracardiac recordings and demonstrate measurement of intervals.

## Stay Overnight at the Stanford Park Hotel!

Take advantage of the reduced rates for this Stanford conference. Call the hotel's reservation office at 800-368-2468. The rate of \$159.00 for September 9th reservations will be held until August 10, 2010. (After this date, call for availability.) Please mention that you are attending the Stanford Arrhythmia Symposium.

**Stanford Hospital & Clinics**  
300 Pasteur Drive, MC 5534  
Stanford, CA 94305-5534



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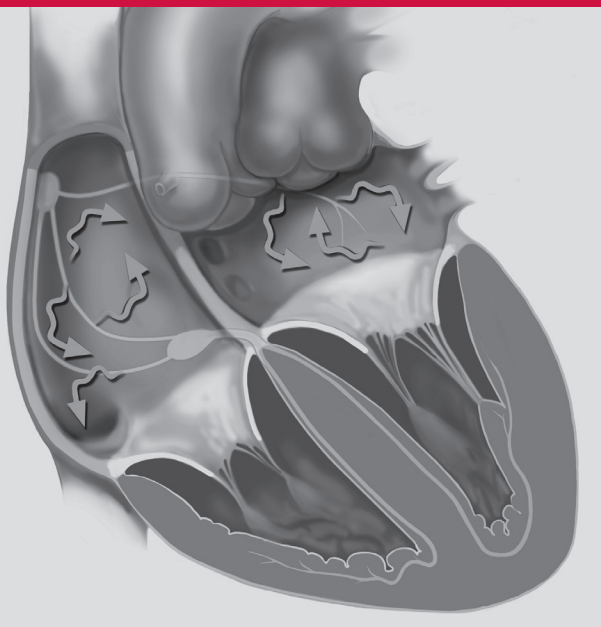
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STANFORD CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT

Sixth Annual

# STANFORD ARRHYTHMIA SYMPOSIUM FOR ALLIED HEALTH PROFESSIONALS



**Stanford Park Hotel**

100 El Camino Real  
Menlo Park, CA 94025

**Friday**  
**September 10, 2010**

Presented by Stanford Hospital & Clinics Electrophysiology & Arrhythmia Program

# REGISTRATION

## Sixth Annual Stanford Arrhythmia Symposium for Allied Health Professionals – September 10, 2010

Please register in advance by completing this enrollment application. Registration fee includes continuing education credits and lunch. Provider Approved by the California Board of Registered Nursing, Provider Number CEP12165, for 7.0 contact hours.

*Please type or print:*

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Name/Degree

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Home Address

Street

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City, State, Zip

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Business Phone

Fax

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Email address

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Hospital/Professional Affiliation

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RN/RT License #

**Registration Fee:**

\$185.00

**Call to register:**

650-723-6366 (option 2)

**Fax to register:**

650-725-9937

**Type of Payment:**  Credit Card  Check  Transfer of Funds (SHC employees)

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Card Number

Expiration Date

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Printed Name as it appears on card

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Cardholders Signature

**Please make checks payable to:** Stanford Hospital & Clinics

**Mail to:**

The Center for Education  
300 Pasteur Drive, MC-5534  
Stanford, CA 94304-5534

**Cancellation Policy:** Refund of registration minus \$35.00 processing fee if cancellation is received by August 27, 2010. There are no refunds after that date. In the event an emergency makes a program educator unavailable and a qualified substitute cannot be found, we will reschedule you into a future program or issue a full refund.

For more information or to register by phone with a credit card, please call 650-723-6366, press option 2.

Web site: [www.cecenter.stanfordhospital.com](http://www.cecenter.stanfordhospital.com) Email: [cecenter@stanfordmed.org](mailto:cecenter@stanfordmed.org)  
Fax: 650-725-9937

# FACULTY

**Amin Al-Ahmad, MD**

Assistant Professor of Medicine  
Associate Director,  
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Stanford Arrhythmia & Electrophysiology Service

**Salwa Beheiry, RN, CCRN**

Director, EP and Arrhythmia Services  
Sutter Pacific Heart Centers

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Arrhythmia Nurse Practitioner  
Stanford Arrhythmia & Electrophysiology Service

**Marcia Glassford, RN, BSN**

Arrhythmia Nurse Coordinator  
Stanford Arrhythmia & Electrophysiology Service

**Debra Hanisch, RN, MSN, PNP**

Nurse Practitioner, Pediatric Cardiology  
Lucile Packard Children's Hospital at  
Stanford University Medical Center

**Henry Hsia, MD**

Associate Professor Medicine  
Associate Director,  
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Stanford Arrhythmia & Electrophysiology Service

**Aimee Lee RN, MS, CNS**

Arrhythmia Nurse Coordinator  
Stanford Arrhythmia & Electrophysiology Service

**Jane Manibusan, RN**

Cath Lab EP Lead  
Stanford Hospital & Clinics

**Kathleen Masket, RN, MS, CNS**

Heart Failure Nurse Coordinator  
Stanford Hospital & Clinics

**Linda Norton, RN, MSN, CCRC**

Nurse Research Coordinator  
Stanford Arrhythmia & Electrophysiology Service

**Linda K. Ottoboni, RN, MS, CCDS, FHRS**

Arrhythmia Clinical Nurse Specialist  
Stanford Arrhythmia & Electrophysiology Service

**Julie Shea, MS, RNCS, FHRS, CCDS**

Brigham and Women's Hospital  
Boston, MA

**Angela Tsiperfal, RN, MS, NP**

Arrhythmia Nurse Practitioner  
Stanford Arrhythmia & Electrophysiology Service

**Paul J. Wang, MD**

Professor of Medicine  
Director-Stanford Cardiac Arrhythmia Service  
and Cardiac Electrophysiology Laboratory

**Paul Zei, MD, PhD**

Clinical Associate Professor  
Director, Cardiovascular Medicine Clinics  
Associate Director, Stanford Arrhythmia &  
Electrophysiology Service



# PROGRAM

## Friday, September 10, 2010

- 7:30 - 8:00 **Registration**
- 8:00 - 8:45 **Benefits and Risks of ICD Shocks**  
Key Note: Julie Shea, RN
- 8:45 - 9:30 **Arrhythmia Mechanisms and Managing Patients with Antiarrhythmics**  
Paul Wang, MD
- 9:30 - 9:45 **Break**
- 9:45 - 10:20 **3 T's of Congenital Disease**  
Deb Hanisch, RN
- 10:20 - 11:00 **New Frontiers in Atrial Fibrillation**  
Amin Al-Ahmad, MD
- 11:00 - 12:00 **Sudden Cardiac Death in the Spotlight**  
Angela Tsiperfal, RN; Linda K. Ottoboni, RN; Patient Panel
- 12:00 - 1:00 **Lunch**
- 1:00 - 3:00 **Breakout Sessions:**
- CATH LAB**
- 1:00 - 1:40 **Basic Intracardiac Electrograms**  
Salwa Beheiry, RN
- 1:40 - 2:20 **Workshop: Prucka Measurement**  
Henry Hsia, MD; Jane Manibusan, RN
- 2:20 - 3:00 **What Mapping Technologies Are Available?**  
Paul Zei, MD
- DEVICE PROGRAMMING**
- 1:00 - 1:40 **Missed Opportunities in Device Clinic**  
Julie Shea, RN
- 1:40 - 2:20 **Optimizing CRT Therapy**  
Kathleen Masket, RN; Linda Ottoboni, RN
- 2:20 - 3:00 **Workshop: Basic Device Case Studies**  
Marcia Glassford, RN
- CLINICAL NURSING**
- 1:00 - 1:40 **Workshop: Managing Arrhythmia Emergencies**  
Kelly Cook, NP
- 1:40 - 2:20 **Post-Op Care of Ablation and Device Patients**  
Aimee Lee, RN
- 2:20 - 3:00 **Generating a State-of-the-Art Model of Care for Arrhythmia Patients**  
Linda Norton, RN
- 3:00 - 3:15 **Break**
- 3:15 - 4:00 **Jeopardy**  
Paul Zei, MD
- 4:00 **Evaluations and Adjournment**