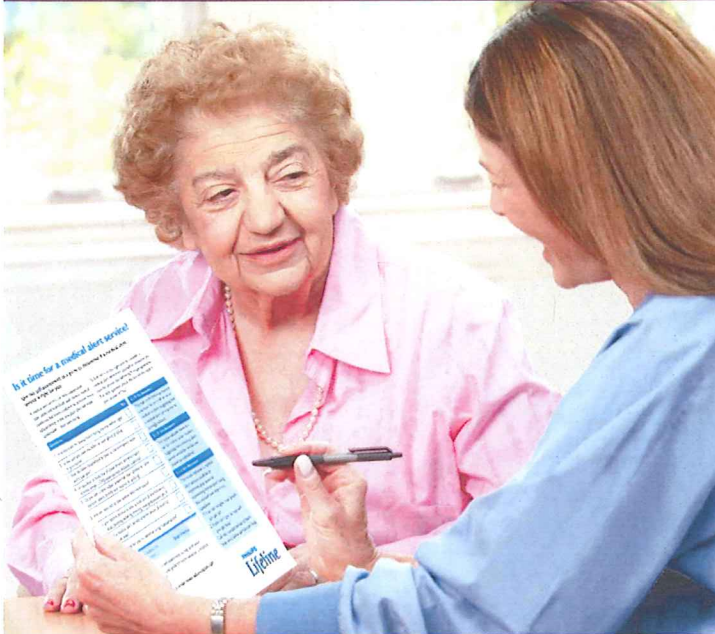


Medical alert service – a self-assessment



Philips Lifeline helps you live more independently

- Continue living in the comfort of your own home.
- Get prompt, caring assistance at the touch of a button – 24 hours a day, 365 days a year.
- Enjoy increased peace of mind for you and your family.

Is it time for a medical alert?

This self-assessment tool has been created by Philips Lifeline to help seniors and those with chronic medical conditions assess their level of need for a medical alert service.

To find out if it's the right time to consider a medical alert for you or someone you care for, simply answer the nine questions on the next sheet. The number of "yes" answers will help determine your level of need.

How Philips Lifeline works

1

Summon help

When you need help, just press your **Personal Help Button**, which activates the CarePartner Communicator.



2

Professional intervention

Your **CarePartner Communicator** then dials the Lifeline Response Center and establishes two-way voice communication.



3

Personal response

Within seconds, a **Lifeline Response Associate** accesses your profile and quickly assesses the situation.



4

Closed loop

The Associate then contacts a neighbor, loved one or emergency services, based on your specific needs. The Lifeline Response Associate will follow up to ensure that help arrived.



PHILIPS
Lifeline

Answer these questions

Place a check mark next to the questions that apply to you, and then add the number of checks. Your level of need for a medical alert service is explained in the far right column.

Questions	Yes
1 Are you alone for several hours during the day and/or night?	<input type="checkbox"/>
2 In the past year, have you fallen or been afraid of falling in your home?	<input type="checkbox"/>
3 Have you been hospitalized or been to the emergency room in the past year?	<input type="checkbox"/>
4 Do you have at least one of these chronic ailments: heart disease, stroke, Chronic Obstructive Pulmonary Disease, osteoporosis, diabetes, or arthritis?	<input type="checkbox"/>
5 Do you use a cane, walker, wheelchair, stair climber or other assistive device to help with balance or walking?	<input type="checkbox"/>
6 Are you required to take several daily medications?	<input type="checkbox"/>
7 Do you require assistance with at least one of the following activities: bathing, toileting, dressing, meal preparation, etc.?	<input type="checkbox"/>
8 Would a medical alert provide peace of mind for you or your loved ones?	<input type="checkbox"/>
9 Is it important to you to continue living independently?	<input type="checkbox"/>
Total checks <input type="checkbox"/>	

See chart at right to review the assessment for your score.

Please share the results of this self-assessment with your healthcare provider for additional guidance about whether a medical alert service is right for you.

This self-assessment is not a diagnostic test or medical advice.



CODE T15 CODE
A B C

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Button signal range may vary due to environmental factors.

Determine your need

Your number of “yes” answers indicates the level of need for a medical alert service.

6 – 9 Yes Answers
This high score indicates that there is a serious risk for a fall or other medical incident, suggesting that a medical alert service may be strongly advised.
3 – 5 Yes Answers
This score indicates that there is a risk for a fall or other incident, suggesting that a medical alert service would be helpful and should be considered.
1 – 2 Yes Answers
This score indicates that a medical alert service could be an important step towards maintaining independent living. Ask yourself two important questions:
1. If you fell tonight, how would you get up?
2. If you can't get up, how will you get help?
Call today to learn how the Lifeline service can help.

For more information:
Stanford Hospital &
Clinics Lifeline
(650) 723-6906