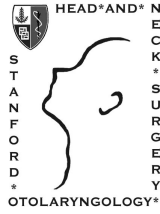


# Stanford Voice &



## Swallowing Center

**VOICE HANDICAP INDEX** These are statements that many people have used to describe their voices and the effects of their voices on their lives. Circle the response that indicates how frequently you have the same experience.

0 - never 1 - almost never 2 - sometimes 3 - almost always 4 – always

- 1) My voice makes it difficult for people to hear me.....0 1 2 3 4
- 2) People have difficulty understanding me in a noisy room.....0 1 2 3 4
- 3) My family has difficulty hearing me when I call them throughout the house.....0 1 2 3 4
- 4) I use the phone less often than I would like to.....0 1 2 3 4
- 5) I tend to avoid groups of people because of my voice.....0 1 2 3 4
- 6) I speak with friends, neighbors, or relatives less often because of my voice.....0 1 2 3 4
- 7) People ask me to repeat myself when speaking face-to-face.....0 1 2 3 4
- 8) My voice difficulties restrict personal and social life.....0 1 2 3 4
- 9) I feel left out of conversations because of my voice.....0 1 2 3 4
- 10) My voice problem causes me to lose income.....0 1 2 3 4